

## **Headwaters Headlines**

Volume 6, Issue 2

www.headwatersinc.org

April May June 2016

## **Director's Notes**

In April of this year, Headwaters began providing in-home support to three gentlemen who live in their own apartments in Rhinelander.

Some of you may remember that several decades ago, Headwaters provided this type of residential in-home support, and we are excited to get back into it.

These three gentlemen had been receiving support from a different agency.

We were grateful that a number of staff from that agency decided to transition to being Headwaters' employees so they could continue to be in the lives of these men.

We were also grateful that a number of our current Headwaters' staff decided they would like to add this work to their current job responsibilities. In addition, we've hired some brand new staff in order to provide for all of the supports for these men, so it's really something like a blended family!

We couldn't be more excited about the addition of these services and we look forward to providing similar services to more people in the future.



Starting July 1, 2016 we will be starting our new contract with *Tomahawk Armory* for lawn care.









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**Empowering Lives** 

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# Law Enforcement Torch Run® for Special Olympics Wisconsin

### Mission

The mission of the Law Enforcement Torch Run® for Special Olympics Wisconsin is to raise funds for and awareness of the Special Olympics movement. Special Olympics is a program which reaffirms our beliefs that with hope and dedication, we can see achievement and self-worth realized by any individual.

It is our belief that persons with intellectual disabilities, by their involvement in Special Olympics, show the community at large there are no limits to human potential or the human spirit.



Forest County Torch Run Participants

#### **STAR JOURNAL REPORT**

Rhinelander Area 2-05 competed in a Special Olympic Region two athletics track and field meet May 14. Athletes competed in the 25 m walk, 100 m walk, 200 m walk, 400 m walk, 100 m run, 200 m run, standing long jump, running long jump, mini-javelin, shot put, and softball throw. Advancing to state competition in Stevens Point June 10 -11 are: Jonathan Ankrom, standing long jump; Aaron Hass, shot put; Pauley Paznonski, 200 m run; David Pokrandt, 200 m run and Christopher Buhl, 400 m walk and mini-javelin.

The team was coached by Emily Golden, Matthew Nelson and Rod Ankrom.



Alia receiving her ribbon



**Oneida County Special Olympics Team** 



Andy with his ribbon

**Empowering Lives** 

# Lakeland Union "Skills to Pay the Bills"

On May 27, 2016, friends and family gathered at the Nicolet Lakeland Campus to celebrate with the LUHS students pictured below as they received their certificates of achievement for completing the course entitled "Skills to Pay the Bills".

Developed by the Office of Disability Policy (ODEP), Skills to Pay the Bills: Mastering Soft Skills for Workplace Success is a curriculum focused on teaching workforce readiness skills. Students engaged in a wide variety of fun, hands-on activities that focused on six key skill areas:

Communication, enthusiasm, attitude, team work, networking, problem solving, critical thinking and professionalism.

One of the students' favorite activities was called "Oh, Puh-leeeeeeze!", in which they experienced how much can be communicated with body language, without ever saying a word. Because Nicolet Lakeland generously provided space for the class and access to the computer lab, these students got a real sense of their transitioning from high school to the community.

## **Anniversaries**

## **April**

Hillary G-2YRS Shania S-1YR

## <u>May</u>

John A-32 YRS Julie D-27YRS Krystal B-2YRS Melanie H-2YRS Stephanie B-2YRS Richard V-2YRS

## <u>June</u>

Mary P-7YRS Becky W-2YRS Joan S-1YR Justine T-1YR







Interview with

Rose Rouse



**Empowering Lives** 

## **Upcoming Birthdays**

Krystal K 7/2 Minitry J 7/19 Cheryl K 7/22 Matthew B 7/24 Kathy R 8/2 John E 8/3 Jackie A 8/5 David S 8/15 Lance B 8/16 Charles M 8/19 Sheila S 8/23 Scott D 8/25

**Brian H 8/26** 

Amber P 9/2 Rick P 9/12

Amber J 9/16

Steven B 9/29

Chris R 9/29



How long did you work in a sheltered workshop?

-A long time, about 15+ years.

#### Did you like working in a sheltered workshop?

-No, it was too noisy, the work was boring, and I don't like sub minimum wage.

#### How many years were you in Jump! Start?

-About 6 years.

#### What did you like about Jump! Start?

- I liked learning, reading, the teachers, seeing my fiends, I love school work and learning new things.

#### What are some classes you took in Jump! Start?

- Employability skills, college readiness, college and workplace success.

#### How long have you worked at good will? (How long have you had a job in the community?)

-Four years

#### Do you like your community job? (Goodwill)

- Yes, I love my four bosses, and I love my co-workers! They are all so nice to me!

#### What is your favorite thing about your Community job? (Goodwill)

- The meetings and pulling price tags.

#### Now that you are finished with Jump! start what are your plans for the future?

- I want to start my own business for housekeeping! I'm really excited about it!

#### What is your favorite thing about house keeping?

- Cleaning! My favorite thing to clean is bathrooms and dusting.

#### Do you have business cards?

- Yes I do, but I need to make some more!

#### What did you do on your first day of housekeeping?

- I washed dishes, dusted, vacuumed.

#### Did you have a good experience on your first day?

- Yes, it made me happy and I had fun!



## Interview with David

### David Strid starting working at Culvers in Rhinelander on June 6, 2016

What is your favorite part of your job? Cleaning the tables, trays, and their bathrooms.

#### What do you like about your co-workers?

They're funny and I'm making new friends.

He also said that everyone is so nice and , he really cares for his boss and co-workers.

David wanted to also add that he really likes the food too!

June 1st—July 4th is National Firework Safety Month. There are thousands of people treated each year for firework related injuries. Most of these injuries could have been prevented by applying some basic safety measures:

- 1. Be sure to buy fireworks from reliable dealers.
- 2. Read all of the directions and follow them well.
- 3. Use fireworks outdoors only.
- 4. Have water nearby. (A hose is best)
- 5. DO NOT ALLOW CHILDREN TO PLAY WITH FIREWORKS.
- 6. Do not attempt to make your own fireworks.
- 7. Do not light multiple fireworks at once. This can be very dangerous because if something goes wrong with one, you will be out numbered.
- 8. Do not point fireworks at people or throw them at people.
- 9. Do not carry fireworks in a backpack, pocket or purse.
- 10. When disposing of used fireworks it is a good idea to soak them in a bucket of water prior to throwing them out.
- 11. Keep all of your body parts away from a lit firework.

Headwater's Inc. will be closed on Monday July 4th, 2016 In observance of Independence day. We wish you a happy holiday.





